January

2020

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---------------------------------------|-------------------------------------|-------------------------------------|----------|--|----------|
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |
| Sparring Week | | New Year's Eve No classes today. | Happy New Year! . No classes today. | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Forms Week | | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Muscular Endurance and Core Workout Week | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Test Prep Week . BBC Test Prep Class @ 2PM! | MLK JR. DAY CAMP! 7:30AM-4:00PM | | | | Tiny Tiger Test (No Tiny Tiger Classes) | |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| Cardio, Footwork, and Wavemaster Week | | | | | | |

Holiday closing dates: 12/31 and 1/1.

MLK JR Day Camp: 1/20 7:30AM-4:00PM Please sign up at the front desk! Games, activities, training, and more!

Tiny Tiger Belt Test: 1/24 4PM-4:30PM No Tiny Tiger class today!